





East Elementary January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 Cereal Bar Spunk Meyer Muffins Applesauce Cup 100% Fruit Juice Milk/Variety	4 Mini Maple Pancakes Breakfast Bread Apples 100% Fruit Juice Milk/Variety
7 Cereal Bar Spunk Meyer Muffin Peach Cup 100% Fruit Juice Milk/Variety	8 French Toast Sticks Pop Tarts Apples 100% Fruit Juice Milk/Variety	9 Dutch Waffle Nutrigrain Bar Chilled Applesauce Cup 100% Fruit Juice Milk/Variety	10 Breakfast Pizza Breakfast Bread Apples 100% Fruit Juice Milk/Variety	11 Super Bun Cereal Bar Bananas 100% Fruit Juice Milk/Variety
14 Super Donut Cereal Bar Applesauce Cup 100% Fruit Juice Milk/Variety	15 Mini Maple Waffles Breakfast Bread Apples 100% Fruit Juice Milk/Variety	16 Pancake Wrap Pop Tarts Peach Cup 100% Fruit Juice Milk/Variety	17 Mini Fun-fetti Pancakes Nutrigrain Apples 100% Fruit Juice Milk/Variety	18 French Toast Breakfast Bread Bananas 100% Fruit Juice Milk/Variety
21 	22 Pop tart Spunk Meyer Muffins Applesauce Cup 100% Fruit Juice Milk/Variety	23 Mini Maple Pancakes Breakfast Bread Apples 100% Fruit Juice Milk/Variety	24 French Toast Sticks Cereal Bar Peach Cup 100% Fruit Juice Milk/Variety	25 UBR breakfast Cookie Nutrigrain Bar Apples 100% Fruit Juice Milk/Variety
28 Chocolate/Powder Donut Cereal Bar Applesauce Cup 100% Fruit Juice Milk/Variety	29 Pancake Wrap Spunk Meyer Muffins Apples 100% Fruit Juice Milk/Variety	30 Dutch Waffle Pop Tarts Peach Cup 100% Fruit Juice Milk/Variety	31 Sausage biscuit Nutrigrain Bar Apples 100% juice Milk/Variety	

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East Elementary January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 WG Cheese Pizza Cheeseburger on Bun Glazed Carrot Fresh Fruit Milk/Variety	4 Popcorn Chicken Bites Cheeseburger on Bun Baked Beans Sweet Corn Chilled Peaches Milk/Variety
7 WG Spaghetti w/Meatballs Grilled Cheese Sandwich Garlic Toast Roasted Broccoli Chilled Peaches Milk/Variety	8 Chicken Slider Grilled Cheese Sandwich Glazed Carrots Chilled Pears Milk/Variety	9 Home-style Chicken Nuggets Grilled Cheese Sandwich Baked Beans Applesauce Milk/Variety	10 Cheese Pizza Grilled Cheese Sandwich Green Beans Fresh Fruit Milk/Variety	11 Jumbo Corn Dog Grilled Cheese Sandwich Sidewinder Fries Pineapple Tid- Bits Milk/Variety
14 Popcorn Chicken Bites Cheeseburger on Bun Glazed Carrot Chilled Pears Milk/Variety	15 Breaded Mozzarella Cheese Sticks Cheeseburger on Bun Roasted Broccoli Applesauce Milk/Variety	16 Hot Dog Cheeseburger on Bun Sidewinders Seasoned Baked Beans Emoji Fries Chilled Peaches Milk/Variety	17 Mini Corndogs Cheeseburger on Bun Seasoned Green Beans Fresh Fruit Cookie Milk/Variety	18 Tacos with Chips Grilled Cheese Sandwich Corn Blueberries Milk/Variety
21 	22 Chicken Patty Grilled Cheese Sandwich Roasted Broccoli Chilled Peaches Milk/Variety	23 French Toast Sticks w/ Bacon Grilled Cheese Sandwich Tater Tots Chilled Pears Milk/Variety	24 Home-style Chicken Nuggets Grilled Cheese Sandwich Baked Beans Pineapple Tid Bits Milk/Variety	25 Cheese Pizza Grilled Cheese Sandwich Glazed Carrot Green Beans Applesauce Milk/Variety
28 Pretzel and Cheese Cheeseburger on Bun Glazed Carrots Chilled Peaches Milk/Variety	29 WG Cheese Stuffed Garlic Breadstick Cheeseburger on Bun Veggie Blend Pineapple Tid-Bits Milk/Variety	30 Popcorn Chicken Bites Cheeseburger on Bun Baked Beans Chilled Peaches Milk/Variety	31 Jumbo Corndog Cheeseburger on Bun Sidewinder Fries Applesauce Milk/Variety	

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High School January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	4 Biscuit w/Sausage Gravy Breakfast Pizza Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
7 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	8 Colby Cheese Omelet with Toast Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	9 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	10 Pancake Wrap Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donut Fresh Fruit 100% Fruit Juice Milk/Variety	11 Biscuit w/Sausage Gravy Dutch Waffle Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
14 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	15 French Toast Sticks Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	16 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	17 Sausage Biscuit w/Egg Sandwich Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	18 Biscuit w/Sausage Gravy Omelet and French Toast Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
21 	22 Cinnamon Roll Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donut Fresh Fruit 100% Fruit Juice Milk/Variety	23 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	24 UBR Breakfast Cookie w/Sausage Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	25 Biscuit and Gravy Breakfast Pizza Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
28 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	29 Colby Omelet with Toast Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	30 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	31 French Toast Sticks Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	

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High School January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 Jumbo Corn Dog Cheese Pizza Chef Salad w/ Turkey Seasoned Green Beans Cinnamon Applesauce Fresh Fruit Milk/Variety	4 Beef Stew in a Bread Bowl Chicken Patty Chef Salad w/ Turkey Roasted Carrots Pineapple Tid-Bits Fresh Fruit Milk/Variety
7 Meat Ball Sub Chicken Patty Chef Salad w/Turkey Roasted Broccoli Chilled Peaches Fresh Fruit Milk/Variety	8 Home Style Chicken Nuggets Cheese Pizza Chef Salad w/Turkey Seasoned Green Beans Applesauce Fresh Fruit Milk/Variety	9 French Toast Sticks w/Sausage BBQ Hamburger Chef Salad w/ Turkey Tater Tots Blueberries w/Cream Fresh Fruit Milk/Variety	10 Pepper Jack Sliders Buffalo Chicken Pizza Chef Salad w/ Turkey Baked Beans Chilled Pears Fresh Fruit Milk/Variety	11 Chicken Fajita Chicken Patty Chef Salad w/ Turkey Refried Beans Roasted Corn Pineapple Tid-Bits Fresh Fruit Milk/Variety
14 Buffalo Chicken Bites Pub Style Beef Cheeseburger Chef Salad w/ Turkey Roasted Broccoli Applesauce Fresh Fruit Milk/Variety	15 Cheese Omelet and Toast Cheese Pizza Chef Salad w/ Turkey Tater Tots Pineapple Tid-Bits Fresh Fruit Milk/Variety	16 Pork Roast Chicken Patty Chef Salad w/ Turkey Roasted Carrots Mashed Potatoes Strawberries Fresh Fruit Milk/Variety	17 Cheese Filled Breadsticks Cheese Pizza Chef Salad w/ Turkey Seasoned Green Beans Chilled Peaches Fresh Fruit Milk/Variety	18 Walking Taco Chicken Patty Chef Salad w/ Turkey Refried Beans Pineapple Tid-Bits Fresh Fruit Milk/Variety
21 	22 Breaded Mozzarella Cheese Sticks Spicy Chicken Patty Chef Salad w/ Turkey Roasted Broccoli Pineapple Tid-Bits Fresh Fruit Milk/Variety	23 WG Chicken Tender Fritters Cheese Pizza Chef Salad w/ Turkey Mashed Potato's/w Gravy Sweet Corn Chilled Peaches Fresh Fruit Milk/Variety	24 Teriyaki Chicken w/Rice Pub Burger Chef Salad w/ Turkey Veggie Blend Blueberries and Cream Fresh Fruit Milk/Variety	25 Jumbo Corndog Cheese Pizza Chef Salad w/ Turkey Baked Beans Glazed Carrots Applesauce Fresh Fruit Milk/Variety
28 Popcorn Chicken Bites Chicken Patty Chef Salad w/ Turkey Seasoned Green Beans Chilled Peaches Fresh Fruit Milk/Variety	29 Stadium Pretzel w/Cheese Sauce Cheese Pizza Chef Salad w/Turkey Roasted Broccoli Applesauce Fresh Fruit Milk/Variety	30 Homemade Chili and Grilled Cheese Chicken Patty Chef Salad w/ Turkey Sweet Corn Pineapple Tid-Bits Fresh Fruit Milk/Variety	31 Lasagna Bake Cheese Pizza Chef Salad w/Turkey Garlic Toast Glazed Carrots Chilled Pears Fresh Fruit Milk/Variety	



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Middle School January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	4 Biscuit w/Sausage Gravy Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
7 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	8 French Toast Sticks Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	9 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	10 Dutch Waffle Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	11 Super Bun Cinnamon Roll Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
14 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	15 Colby Cheese Omelet with Toast Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	16 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	17 Sausage Biscuit w/Egg Sandwich Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	18 UBR Breakfast Cookie Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
21 	22 Pancake Wrap Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donut Fresh Fruit 100% Fruit Juice Milk/Variety	23 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	24 Funfetti Pancakes w/Sausage Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	25 French Toast Sticks Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety
28 Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	29 Pancake Bites Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donut Fresh Fruit 100% Fruit Juice Milk/Variety	30 Long John Donut Cereal /variety WG Poptart Ultra Bread Variety Spunkmeyer Muffins Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	31 Colby Cheese Omelet with Toast Cereal /variety WG Poptart Spunkmeyer Muffins Ultra Bread Variety Assorted Donuts Fresh Fruit 100% Fruit Juice Milk/Variety	



Middle School January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 Cheese Pizza Chef Salad w/ Turkey Roasted Broccoli Chilled Peaches Milk/Variety	4 Pub Burger Chef Salad w/Turkey Baked Beans Chilled Pears Milk/Variety
7 Homestyle Chicken Nuggets Chef Salad w/ Turkey Glazed Carrots Applesauce Milk/Variety	8 French Toast Sticks w/Sausage Chef Salad w/Turkey Tater Tots Chilled Pears Milk/Variety	9 Meatball Sub Chef Salad w/Turkey Roasted Broccoli Chilled Peaches Milk/Variety	10 Buffalo Chicken Pizza Chef Salad w/Turkey Green Beans Fresh Fruit Milk/Variety	11 Chicken Patty Chef Salad w/ Turkey Baked Beans Pineapple Tid-Bits Milk/Variety
14 Buffalo Chicken Bites Chef Salad w/ Turkey Glazed Carrots Chilled Pears Milk/Variety	15 Jumbo Corn Dog Chef Salad w/Turkey Seasoned Green Beans Chilled Peaches Milk/Variety	16 Mozzarella Cheese Sticks Chef Salad w/Turkey Sidewinders Fries Applesauce Milk/Variety	17 Cheese Pizza Chef Salad w/ Turkey Country Ranch Salad Strawberry Cups Milk/Variety	18 Chicken Fajita Chef Salad w/ Turkey Refried Beans Pineapple Tid-Bits Milk/Variety
21 	22 Popcorn Chicken Chef Salad w/Turkey Roasted Broccoli Applesauce Milk/Variety	23 Teriyaki Chicken w/Rice Chef Salad w/Turkey Veggie Blend Chilled Peaches Milk/Variety	24 Chicken Tenders Chef Salad w/Turkey Mashed Potatoes Sweet Corn Chilled Pears Milk/Variety	25 Pub Style Cheeseburger Glazed Carrot Baked Beans Pineapple Tid-Bits Milk/Variety
28 Stadium Pretzel w/Cheese Chef Salad w/Turkey Roasted Broccoli Strawberry Cups Milk/Variety	29 Sausage Pizza Chef Salad w/Turkey Country Salad w/ Ranch Blueberries Milk/Variety	30 Grilled Cheese and Tomato Soup Chef Salad w/Turkey Seasoned Green Beans Apple Sauce Milk/Variety	31 Pork Roast Chef Salad w/Turkey Mashed Potatoes Roasted Carrots Chilled Pears Milk/Variety	

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West Elementary January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 Cereal Bar Spunk Meyer Muffins Applesauce Cup 100% Fruit Juice Milk/Variety	4 Mini Maple Pancakes Breakfast Bread Apples 100% Fruit Juice Milk/Variety
7 Cereal Bar Spunk Meyer Muffin Peach Cup 100% Fruit Juice Milk/Variety	8 French Toast Sticks Pop Tarts Apples 100% Fruit Juice Milk/Variety	9 Dutch Waffle Nutrigrain Bar Chilled Applesauce Cup 100% Fruit Juice Milk/Variety	10 Breakfast Pizza Breakfast Bread Apples 100% Fruit Juice Milk/Variety	11 Super Bun Cereal Bar Bananas 100% Fruit Juice Milk/Variety
14 Super Donut Cereal Bar Applesauce Cup 100% Fruit Juice Milk/Variety	15 Mini Maple Waffles Breakfast Bread Apples 100% Fruit Juice Milk/Variety	16 Pancake Wrap Pop Tarts Peach Cup 100% Fruit Juice Milk/Variety	17 Mini Fun-fetti Pancakes Nutrigrain Apples 100% Fruit Juice Milk/Variety	18 French Toast Breakfast Bread Bananas 100% Fruit Juice Milk/Variety
21 	22 Pop tart Spunk Meyer Muffins Applesauce Cup 100% Fruit Juice Milk/Variety	23 Mini Maple Pancakes Breakfast Bread Apples 100% Fruit Juice Milk/Variety	24 French Toast Sticks Cereal Bar Peach Cup 100% Fruit Juice Milk/Variety	25 UBR breakfast Cookie Nutrigrain Bar Apples 100% Fruit Juice Milk/Variety
28 Chocolate/Powder Donut Cereal Bar Applesauce Cup 100% Fruit Juice Milk/Variety	29 Pancake Wrap Spunk Meyer Muffins Apples 100% Fruit Juice Milk/Variety	30 Dutch Waffle Pop Tarts Peach Cup 100% Fruit Juice Milk/Variety	31 Sausage biscuit Nutrigrain Bar Apples 100% juice Milk/Variety	

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Winter Break	3 WG Cheese Pizza Cheeseburger on Bun Glazed Carrot Fresh Fruit Milk/Variety	4 Popcorn Chicken Bites Cheeseburger on Bun Baked Beans Sweet Corn Chilled Peaches Milk/Variety
7 Meatball Sub Grilled Cheese Sandwich Roasted Broccoli Chilled Peaches Milk/Variety	8 Chicken Patty Grilled Cheese Sandwich Glazed Carrots Chilled Pears Milk/Variety	9 Home-style Chicken Nuggets Grilled Cheese Sandwich Baked Beans Applesauce Milk/Variety	10 Cheese Pizza Grilled Cheese Sandwich Green Beans Fresh Fruit Cookie Milk/Variety	11 Jumbo Corn Dog Grilled Cheese Sandwich Tater Puffs Pineapple Tid- Bits Milk/Variety
14 Teriyaki Chicken and Rice Cheeseburger on Bun Veggie Blend Chilled Pears Milk/Variety	15 Breaded Mozzarella Cheese Sticks Cheeseburger on Bun Roasted Broccoli Applesauce Milk/Variety	16 Lasagna Bake Cheeseburger on Bun Sidewinders Seasoned Glazed Carrot Chilled Peaches Milk/Variety	17 Mini Corndogs Cheeseburger on Bun Mashed Potatoes Fresh Fruit Cookie Milk/Variety	18 Tacos with Chips Grilled Cheese Sandwich Corn Refried Beans Blueberries Milk/Variety
21 	22 Chicken Patty Grilled Cheese Sandwich Roasted Broccoli Chilled Peaches Milk/Variety	23 French Toast Sticks w/ Bacon Grilled Cheese Sandwich Tater Tots Chilled Pears Milk/Variety	24 Home-style Chicken Nuggets Grilled Cheese Sandwich Baked Beans Pineapple Tid Bits Milk/Variety	25 Cheese Pizza Grilled Cheese Sandwich Glazed Carrot Green Beans Applesauce Milk/Variety
28 Pretzel and Cheese Cheeseburger on Bun Glazed Carrots Chilled Peaches Milk/Variety	29 WG Cheese Stuffed Garlic Breadstick Cheeseburger on Bun Veggie Blend Pineapple Tid-Bits Milk/Variety	30 Popcorn Chicken Bites Cheeseburger on Bun Baked Beans Mashed Potatoes Chilled Pears Milk/Variety	31 Chicken Patty Cheeseburger on Bun Roasted Broccoli Applesauce Milk/Variety	

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