



Wright City Sports and Activities
Guidelines for return to participation in extracurricular activities

1. Students are to check their own temperature prior to attending practices/open gyms. Parents please assist your child as needed.
2. Daily temperature must be recorded with the coach.
3. A self assessment should be completed each day for students, coaches, and sponsors. The following questions need to be answered. If the answer is YES to any of these questions, the individual needs to stay home and contact their coach or supervisor:
 - a. Do you feel ill?
 - b. Do you have a fever (100.4 degrees or higher)
 - c. Do you have a cough?
 - d. Do you have shortness of breath or difficulty breathing?
 - e. Do you have chills?
 - f. Do you have a sore throat?
 - g. Do you have muscle aches and pains?
 - h. Do you have loss of smell and/or taste?
 - i. Have you or a close contact been diagnosed or presumably diagnosed with COVID-19 in the past 14 days?
4. No locker rooms will be used until further notice.
5. All students will need to bring their own water; we will not have communal water at practices.
6. Social distancing should be practiced as much as possible- Coaches are asked to use zoom meetings for team chat times.
7. No groups larger than 50 in a given area.
8. If we have inclement weather, outdoor sports will not be allowed to relocate indoors at this time. Events will have to be cancelled or postponed until it is safe.
9. At this time open gyms/practices are closed to the public/ parents for viewing, only athletes can be in attendance. If your child plays an outdoor sport you may stay in your vehicle, but please refrain from congregating in the bleachers.
10. Teams are able to use the weight room; however, social distancing is required. All weights and machines must be wiped down with disinfectant immediately after use by an individual athlete.

These guidelines will be modified if new information becomes available from the Department of Public Health, MSHSAA, or the state authorities. Please contact the Athletic Director if you require any interpretation about an individual guideline.